

NXR Heartland Championships - Sunday, Nov. 12, 2023

Yankton Trails Park, Sioux Falls, SD - 55-60 degrees, sunny, 10-15mph wind (Perfect!)

Championship Race - 2nd Place (132 pts.)

Pl.	Tm.	Pl.	Runner	1K	Mile	2K	3K	2 Mile	4K	Finish	Splits per K				
11	5		Will Weber, 11	2:47	4:40.6	5:55	8:58	9:37.6	12:07	15:05.6	2:47	3:08	3:03	3:09	2:58
30	12		Tyler Kissell, 12	2:55	4:50.1	6:05	9:12	9:53.8	12:25	15:24.3	2:55	3:10	3:07	3:13	2:59
32	15		Daniel McCollor, 12	2:51	4:45.1	6:00	9:10	9:51.1	12:24	15:25.3	2:51	3:09	3:10	3:14	3:01
56	27		Hayes McMillan, 12	2:57	4:52.7	6:08	9:22	10:04.4	12:41	15:39.8	2:57	3:11	3:14	3:19	2:59
138	73		Parker Dietrick, 12	3:07	5:07.5	6:26	9:45	10:27.8	13:08	16:12.5	3:07	3:19	3:19	3:23	3:04
160	91		Alex Haag, 11	3:07	5:06.7	6:26	9:45	10:27.6	13:09	16:20.0	3:07	3:19	3:19	3:24	3:11
161	92		Dan Salatino, 11	3:03	5:05.9	6:24	9:42	10:24.9	13:06	16:20.1	3:03	3:21	3:18	3:24	3:14

288 Finishers

Open #5 Race - A (13th-354pts), B (19th-474pts), C (28th-754pts), D (32nd-891pts)

Pl.	Tm.	Pl.	Runner	Team	1K	Mile	2K	3K	2 Mile	4K	Finish	Splits per K				
75	47		Hudson McMillan, 11	A	3:14	5:14.2	6:36	9:55	10:40.1	13:36	16:36.3	3:14	3:22	3:19	3:41	3:00
78	51		Connor Viera, 10	A	3:14	5:15.6	6:37	9:57	10:41.9	13:36	16:38.8	3:14	3:23	3:20	3:39	3:03
89	59		Matthew Adams, 11	A	3:06	5:05.6	6:27	9:50	10:36.5	13:37	16:45.8	3:06	3:21	3:23	3:47	3:09
120	81		Will Chabot, 9	A	3:18	5:22.1	6:44	10:08	10:54.9	13:45	17:00.1	3:18	3:26	3:24	3:37	3:15
123	82		Evan Young, 10	B	3:16	5:19.2	6:42	10:05	10:52.7	13:47	17:02.6	3:16	3:26	3:23	3:42	3:15
139	93		Elliot Williams, 10	B	3:17	5:25.2	6:51	10:21	11:08.0	14:00	17:12.0	3:17	3:34	3:30	3:39	3:12
141	95		Kevin Jarjoura, 12	B	3:21	5:26.3	6:51	10:19	11:06.6	13:59	17:13.2	3:21	3:30	3:28	3:40	3:14
142	96		Matthew Jenneke, 10	B	3:15	5:18.5	6:43	10:10	10:57.8	13:50	17:13.3	3:15	3:28	3:27	3:40	3:23
156	108		Tal Havilio, 11	B	3:16	5:19.3	6:43	10:11	10:58.3	13:51	17:20.4	3:16	3:27	3:28	3:40	3:29
163	115		Samarth Raj, 10	C	3:21	5:26.6	6:51	10:22	11:09.1	14:02	17:24.5	3:21	3:30	3:31	3:40	3:22
164	116		Abdirisq Robleh, 10	A	3:15	5:17.8	6:41	10:10	10:57.4	13:54	17:25.1	3:15	3:26	3:29	3:44	3:31
167	118		Jack Kahlstorf, 11	A	3:22	5:28.5	6:53	10:24	11:11.6	14:05	17:26.8	3:22	3:31	3:31	3:41	3:22
179	127		Robert Marshall, 12	A	3:16	5:19.2	6:43	10:13	11:01.8	13:57	17:29.5	3:16	3:27	3:30	3:44	3:32
186	133		Grant Chabot, 11	B	3:18	5:25.0	6:51	10:28	11:15.6	14:09	17:32.5	3:18	3:33	3:37	3:41	3:23
188	135		Ian Holst, 9	B	3:18	5:24.8	6:49	10:19	11:07.8	14:05	17:33.3	3:18	3:31	3:30	3:46	3:28
202	148		Aidric Pfeifer, 10	C	3:24	5:34.4	7:01	10:37	11:23.1	14:18	17:41.8	3:24	3:37	3:36	3:41	3:24
206	151		Liam Helm, 11	C	3:27	5:40.1	7:09	10:45	11:33.0	14:25	17:47.7	3:27	3:42	3:36	3:40	3:22
219	163		Ryan Salatino, 10	C	3:27	5:37.5	7:02	10:37	11:24.2	14:24	17:56.0	3:27	3:35	3:35	3:47	3:32
221	164		Mitaunshu Agrawal, 11	D	3:30	5:44.5	7:14	10:52	11:38.5	14:35	17:56.3	3:30	3:44	3:38	3:43	3:21
236	174		Tanner Stoltenberg, 10	D	3:30	5:43.1	7:12	10:52	11:39.9	14:40	18:02.5	3:30	3:42	3:40	3:48	3:22

238	175	Ryan Sullwold, 11	D	3:33	5:49.0	7:18	11:00	11:48.4	14:43	18:05.7	3:33	3:45	3:42	3:43	3:22
241	177	Matthew Wang, 9	C	3:30	5:43.0	7:09	10:50	11:39.1	14:38	18:06.8	3:30	3:39	3:41	3:48	3:29
257	188	Jacob Steiner, 11	D	3:30	5:44.5	7:15	10:57	11:45.8	14:49	18:17.1	3:30	3:45	3:42	3:52	3:28
259	190	Evan Furcht, 10	D	3:28	5:35.6	7:03	10:43	11:31.3	14:38	18:18.9	3:28	3:35	3:40	3:55	3:41
264	194	Charlie Foss, 9	C	3:29	5:40.2	7:09	10:50	11:39.4	14:44	18:24.9	3:29	3:40	3:41	3:54	3:41
270	199	Jaden Van Heel, 11	D	3:33	5:49.7	7:20	11:07	11:56.2	14:58	18:26.8	3:33	3:47	3:47	3:51	3:29

409 Finishers

		Alex Blaha, 10	C	3:25	5:35.2	7:02	10:38			DNF					
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Open #4 Race - T (20th-569pts), F (34th-914pts), S (36th-955pts)

Pl.	Tm.	Pl.	Runner	Team	1000m	1600m	2000m	3000m	3200m	4000m	Finish	Splits per K				
87	60	Blake Knutson, 8	T	3:14	5:26.7	6:55	10:28	11:13.7	14:09	17:28.8	3:14	3:41	3:33	3:41	3:20	
147	100	Will Strommen, 12	F	3:13	5:25.5	6:56	10:39	11:26.7	14:33	18:06.1	3:13	3:43	3:43	3:54	3:33	
158	110	Nolan Wandler, 8	T	3:30	5:46.3	7:19	11:00	11:49.1	14:49	18:11.6	3:30	3:49	3:41	3:49	3:22	
179	126	Lachlan Ruffing, 8	T	3:36	5:50.0	7:22	11:02	11:51.8	14:57	18:26.9	3:36	3:46	3:40	3:55	3:29	
188	134	Thomas Berndt, 8	T	3:31	5:47.4	7:20	11:05	11:53.5	15:00	18:33.8	3:31	3:49	3:45	3:55	3:34	
195	139	Jack Lueder, 8	T	3:31	5:47.5	7:20	11:05	11:54.0	15:01	18:39.3	3:31	3:49	3:45	3:56	3:38	
208		Aiden Murray, 11	E	3:35	5:49.4	7:23	11:12	12:01.3	15:09	18:46.8	3:35	3:48	3:49	3:57	3:38	
217	150	Shivam Patel, 8	T	3:38	5:56.1	7:33	11:20	12:09.5	15:18	18:55.1	3:38	3:55	3:47	3:58	3:37	
222		Aidan Coutu, 11	E	3:42	6:02.1	7:38	11:30	12:20.2	15:23	18:58.2	3:42	3:56	3:52	3:53	3:35	
240	167	Troy Tong, 8	S	3:39	5:56.7	7:33	11:22	12:13.0	15:28	19:20.7	3:39	3:54	3:49	4:06	3:52	
251	174	Jack Dudycha, 8	T	3:40	6:03.3	7:39	11:36	12:27.1	15:44	19:29.5	3:40	3:59	3:57	4:08	3:45	
263		Harrison Aiken, 9	E	3:52	6:12.2	7:50	11:51	12:43.5	16:00	19:40.6	3:52	3:58	4:01	4:09	3:40	
264	182	Connor Meyers, 9	F	3:46	6:11.2	7:51	11:51	12:43.2	16:00	19:40.7	3:46	4:05	4:00	4:09	3:40	
269	184	Luke Schirack, 9	F	3:43	6:06.5	7:45	11:43	12:34.6	15:54	19:45.3	3:43	4:02	3:58	4:11	3:51	
270	185	Lukas Meyer, 8	S	3:46	6:13.7	7:55	12:02	12:55.8	16:11	19:46.3	3:46	4:09	4:07	4:09	3:35	
271	186	Jonathan Marshall, 8	S	3:40	6:03.5	7:39	11:38	12:29.7	15:51	19:46.8	3:40	3:59	3:59	4:13	3:54	
282		Tyler Jensen, 11	E	3:42	6:06.5	7:46	11:45	12:38.0	16:00	19:59.6	3:42	4:04	3:59	4:15	3:59	
292	201	James Tanaka, 8	S	3:55	6:15.3	7:55	12:02	12:55.9	16:17	20:10.0	3:55	4:00	4:07	4:15	3:53	
312	214	Jacob Scott, 9	F	3:54	6:21.1	8:04	12:13	13:07.5	16:39	20:42.3	3:54	4:10	4:09	4:26	4:03	
314		Ryan Haag, 7		3:59	6:27.5	8:12	12:26	13:21.6	16:48	20:44.7	3:59	4:13	4:14	4:22	3:56	
315	216	Jack Hanson, 8	S	3:51	6:25.7	8:10	12:16	13:11.2	16:37	20:44.8	3:51	4:19	4:06	4:21	4:08	
326		Quentin Freeman, 8		3:47	6:19.8	8:04	12:18	13:15.7	16:55	21:03.3	3:47	4:17	4:14	4:37	4:08	
340	234	Dean Aiken, 11	F	4:00	6:36.6	8:24	12:46	13:42.0	17:18	21:36.7	4:00	4:24	4:22	4:32	4:18	
348		Michael Ostrow, 8		4:10	6:54.8	8:44	13:06	14:02.2	17:40	21:50.5	4:10	4:34	4:22	4:34	4:10	

404 Finishers

		Will Goodrich, 10	F	3:56	6:24.8	8:05	12:08	13:00.0		DNF					
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