

True Team State Championships - Friday, May 17, 2019

Pony Stadium - 55-60 degrees, mostly cloudy, wind 10mph (Perfect!)

4x800m Relay - 8:08.88 (1st)

Splits

2:03.6 Robbie Defren	30.8,31.1,30.8,30.9
2:07.4 Charlie Ernst	29.7,32.3,33.1,32.7
1:59.9 Zach Miller	28.0,29.4,30.8,31.7
1:57.8 Patrick Leonard	

1600m

Splits

4:14.88 Andrew Brandt (3rd)	64, 65, 65, 60.9
4:15.59 Cam Arkesteyn (4th)	64, 65, 66, 60.6
4:28.67 Luke Maly (15th)	66, 66, 68, 68.7

800m

Splits

1:56.67 Cam Arkesteyn (2nd)	27.8,29.7,29.5,29.7
1:57.02 Patrick Leonard (4th)	29.3,28.9,29.1,29.7
2:01.57 Zach Miller (15th)	29.5,28.7,30.6,32.8

3200m

Splits

9:38.36 Andrew Brandt (2nd)	74,73,73,75,71,72,71,69.4
9:44.47 Shuayb Hussein (6th)	73,73,74,75,73,75,75,66.5
10:09.72 Luke Sharpe (14th)	75,74,73,79,79,82,78,79.7

6 Career Track PRs

2 Season Bests