

# 400m Spring Break Time Trial - Friday, April 5, 2019

WHS Stadium - 39 degrees, cloudy, no wind (Perfect!)

## 400m - Heat 1

54.2 Cam Arkesteyn  
55.5 Zach Miller  
57.8 Alex Pemberton  
63.9 Xinze Tan

## 400m - Heat 2

57.5 Shuayb Hussein  
58.3 Hamza Mohamed  
59.4 Preston Zhu  
60.2 Blake Hayden  
64.6 Dennis Yurevich  
65.8 Michael Hawkins

## 400m Heat 3

57.3 Charlie Ernst  
59.9 Abubakar Robleh  
61.8 Matt Harries  
65.0 AJ Karn

## 400m - Heat 4

58.5 Jack Bartels  
62.2 Henry Oswald  
63.0 Bryce Becker  
63.5 Noah Kaster  
67.2 Zane Hutton  
72.9 Stefan Sundin

## 400m - Heat 5

59.4 Arnav Desai  
62.4 Abdi Robleh  
64.5 Jake Boston  
65.2 Jacob Emmons  
66.0 Luca Raso  
69.4 Vansh Sharma

## 400m - Heat 6

59.6 Umar Hasan  
61.9 Caden Karn  
67.9 Joey Diesen  
71.4 Alec Olson  
72.2 Christopher Ross  
72.8 Ben Voynov