

ATTENDANCE POLICY – 2018

General Policy for Practice: Each runner is expected to attend all required practices or to have received prior approval for his absence from a coach.

- Acceptable Excuse: illness, illness/death in the family, out-of-town weddings or funerals, or running-related doctor appointments.
- Unexcused absences: Senior pictures, College visits, ACT/SAT practice tests or classes, ortho appointments, regular doctor exams, family vacations, birthday celebrations, etc. Poor or no communication regarding a normally acceptable miss may also result in an unexcused absence. Bottom line—there should be absolutely no question about where you are on any given day.

Grade Level Expectations: Recurring absences are a huge distraction to the team and coaching staff. As in all matters, coaches discretion may also apply to attendance.

- Grades 10-12: no more than 3 unexcused absences may be accrued over the course of the season (with MEA being a JV exception).
- Grade 9: 9th graders get slightly more leeway. Multiple absences prior to the start of school count as one miss. Once school starts, however, 9th graders are held to the same standard as the rest of the team. This gives families a chance to familiarize themselves with the program and the attendance policy.

Meet Expectations: Athletes are expected to be present at all competitions, whether they are competing or not. Missing / skipping a meet may result in dismissal from the team regardless of previous attendance records. Coaches discretion may apply.