

2018 Nike Cross Regional Participant Agreement

I understand that my consent to these provisions is given in consideration for being permitted to participate in this running event. I know that running is a potentially hazardous event and I enter this event certifying that I am medically able and properly trained. I also acknowledge any and all other risks associated with participating in this event. Knowing these facts, and in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive, release, and discharge Independent School District #284, Wayzata Cross Country Club, the City of Plymouth, Race Officials, volunteers, and any and all sponsors including their agents, employees, assignees, or anyone acting on their behalf, from any and all claims or liability for death, personal injury, or property damage of any kind or nature arising out of, or in the course of my participation in the Nike Cross Regional Meet. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown.

I have read the foregoing and certify my agreement by my signature below.

November 10th 9:30 am Depart Wayzata High School (coach bus) arrive Sioux Falls, SD
November 11th 9:00 pm Return to Wayzata High School

Name: _____ Date of Birth: _____

T-shirt Size _____

Jimmy John Sub Sandwich _____ Turkey _____ Roast Beef _____ Veggie

Parent E-mail address if under 18 _____

Parent signature if under 18 _____

Kraig A. Lungstrom
Nike Cross Coordinator
Wayzata XC Club

Any Questions - Contact Kraig Lungstrom

Kraig@Nstar-mn.com

612-860-8594

COST: \$120.00 – \$30 DEPOSIT REQUIRED!!

CHECK PAYABLE to: Kraig A. Lungstrom

540 Pineview Lane N, Plymouth, MN 55441

Includes:

Transportation, Carbo meal, Race entry, Hotel and T-shirt.