

# LAKE CONFERENCE CHAMPIONSHIPS - Friday, October 14, 2016

Gale Woods Farm - 60 degrees, partly sunny, 15-20mph wind (Perfect!)

<b>Varsity (1st - 33pts.)</b>	<b>1K</b>	<b>2K</b>	<b>3K</b>	<b>4K</b>	<b>Finish</b>	<b>JV (continued)</b>	<b>1K</b>	<b>2K</b>	<b>3K</b>	<b>4K</b>	<b>Finish</b>
4 Khalid Hussein	3:15	6:28	9:35	12:42	16:02.3	31 Robby Defren	3:37	7:22	10:58	14:42	18:04.6
5 Liban Jama	3:16	6:30	9:41	13:04	16:19.4	34 Tyler Carlstrom	3:27	7:04	10:45	14:38	18:09.6
7 Grant Matthews	3:15	6:30	9:40	13:04	16:24.5	36 John Durant	3:36	7:22	10:58	14:46	18:13.7
8 Jeremy Gilbertson	3:16	6:34	9:47	13:10	16:26.9	39 Luke Sharpe	3:36	7:22	11:01	14:47	18:18.9
9 Grant Price	3:15	6:30	9:37	13:03	16:30.4	44 Piotrek Kostanecki	3:37	7:23	11:01	14:58	18:25.8
12 Blake Buysse	3:15	6:34	9:48	13:15	16:32.9	45 Sean Sticha	3:28	7:15	10:57	14:53	18:27.4
13 Mitchell Tolander	3:15	6:34	9:50	13:17	16:40.1	46 Andrew Rudser	3:42	7:30	11:12	15:03	18:27.5
15 Andrew Brandt	3:16	6:35	9:55	13:26	16:45.1	54 Andrew Foss	3:42	7:31	11:11	15:07	18:42.2
18 Nick Kerbeshian	3:16	6:35	9:55	13:28	16:58.1	60 Alex Knuettel	3:43	7:39	11:21	15:16	18:45.3
20 Anders Sonnesyn	3:16	6:35	9:54	13:34	17:05.2	61 Shuayb Hussein	3:32	7:19	10:59	15:00	18:45.3
21 Daniel Urke	3:17	6:39	10:02	13:40	17:06.5	63 Ben Walker	3:39	7:31	11:12	15:08	18:47.4
33 Josh Halverson	3:16	6:37	10:03	13:46	17:17.3	68 Ryan Sullivan	3:47	7:48	11:37	15:32	18:59.3
						71 Joseph Larson	3:38	7:31	11:22	15:22	19:07.5
<b>Junior Varsity (1st - 17pts.)</b>	<b>1K</b>	<b>2K</b>	<b>3K</b>	<b>4K</b>	<b>Finish</b>	73 Hugo Dunn	3:42	7:35	11:22	15:22	19:09.7
1 Chris Stanek	3:21	6:56	10:22	13:51	17:07.3	75 Bryce Becker	3:54	7:49	11:36	15:32	19:20.2
2 Patrick Leonard	3:22	6:56	10:23	13:54	17:11.8	76 Robby Underdal	3:51	7:52	11:45	15:49	19:23.1
3 Cameron Arkesteyn	3:23	6:55	10:23	14:04	17:13.8	78 Andrew Beidel	3:50	7:50	11:43	15:49	19:24.7
5 Frank Fetrow	3:22	6:55	10:23	13:59	17:20.5	79 Logan Knochenmus	3:50	7:48	11:38	15:44	19:26.5
6 Luke Maly	3:20	6:55	10:23	14:04	17:21.0	82 Jack Deters	3:51	7:52	11:47	15:56	19:32.2
7 Jesse Kulberg	3:23	6:57	10:22	13:59	17:22.0	86 Matt Kavanaugh	3:43	7:41	11:40	15:50	19:35.3
8 Andrew Stanek	3:22	6:55	10:23	13:59	17:22.2	87 Ben Liou	3:43	7:45	11:41	15:51	19:35.9
10 James Schneider	3:25	7:01	10:31	14:11	17:33.8	88 Conner Tolander	3:51	7:52	11:46	15:55	19:37.7
14 Markus Braun	3:23	6:58	10:28	14:12	17:41.3	97 Eli Hansen	3:53	8:00	11:58	16:06	19:54.2
15 Alex White	3:24	7:01	10:30	14:11	17:44.0	102 Isaac Polum	3:55	8:04	12:03	16:11	19:59.3
23 Charlie Ernst	3:36	7:22	10:57	14:40	18:00.0	103 Ayub Farah	3:53	8:00	11:58	16:07	20:00.0
26 Riley Piket	3:39	7:23	10:58	14:39	18:01.2	105 Ben Hidani	3:55	8:04	12:05	16:20	20:03.3
28 Jack Ostapeic	3:27	7:10	10:47	14:39	18:02.3	112 Sean Chapman	3:59	8:17	12:20	16:31	20:19.3
29 Jacob Rohrer	3:25	7:06	10:42	14:29	18:02.5	113 Tanner Anderson	4:00	8:17	12:17	16:32	20:19.8
30 Sam Smith	3:27	7:12	10:50	14:37	18:03.4	118 Evan Stillday	3:54	8:04	12:05	16:23	20:24.4

<b>JV (continued)</b>	<b>1K</b>	<b>2K</b>	<b>3K</b>	<b>4K</b>	<b>Finish</b>
120 Max Albright	3:55	8:10	12:18	16:31	20:29.0
127 Brandon Antony	3:55	8:09	12:18	16:41	20:41.7
130 George Cai	3:54	8:13	12:20	16:40	20:47.3
131 Matt Pietrzak	4:00	8:21	12:34	16:58	20:47.8
132 Adam Flake	4:07	8:21	12:30	16:53	20:49.2
134 Pearse Devins	4:00	8:21	12:34	16:58	20:53.3
135 Jackson Lopata	4:04	8:30	12:45	17:10	20:55.7
140 Eli Johnson	4:15	8:47	12:59	17:22	21:10.7
143 Grady McNaughton	4:15	8:46	13:03	17:26	21:17.7
148 Matt Kvistberg	4:16	8:44	12:57	17:23	21:24.5
149 Joe Fabel	4:13	8:44	13:03	17:32	21:26.7
151 Brendan Vivanco	4:06	8:47	13:02	17:38	21:28.3
156 Zach Nyquist	4:15	8:44	13:03	17:31	21:30.8
157 Paul Durant	4:15	8:46	13:02	17:31	21:30.8
158 Tim Carlson	4:04	8:29	12:49	17:22	21:36.6
161 Jeremy Trunk	4:15	8:44	13:02	17:33	21:42.8
165 Wyatt Colbrese	4:19	9:00	13:27	18:03	51:48.1
166 Carson Fisher	4:16	8:48	13:12	17:46	21:55.1
168 Umar Hasan	4:26	9:06	13:30	18:02	21:57.7
172 Avi Asdhana	4:26	9:06	13:30	18:03	22:01.8
176 Connor Blaschko	4:15	8:48	13:11	17:50	22:05.4
178 Eric Carlson	4:19	8:59	13:27	18:02	22:06.6
182 Max Swenson	4:15	8:49	13:22	18:10	22:31.8
185 Sam Feller	4:18	8:59	13:36	18:24	22:35.5
190 Joseph Ching	4:37	9:26	14:06	18:50	23:00.8
191 Jacon Emmons	4:26	9:10	13:46	18:43	23:01.2
194 Ben Harrison	4:37	9:31	14:08	18:59	23:15.8
195 Luca Raso	4:26	9:10	13:53	18:52	23:20.5
196 Austin Lage	4:37	9:26	14:06	18:55	23:25.3
204 Immanuel Bhonsle	4:37	9:33	14:21	19:27	23:39.6
209 Andrew Johnson	4:42	9:55	14:52	20:10	24:36.2