

9th/10th Grade Lake Conference Meet - Tuesday, May 24, 2016

WHS Stadium - 85 degrees, sunny, light wind (Perfect!)

4x800m Relay - 8:19.9 (1st)

2:02.1 Khalid Hussein
2:03.6 Anders Sonnesyn
2:04.4 Grant Price
2:09.8 Patrick Leonard

Splits

29.9, 30.9, 29.7, 31.6
28.8, 31.7, 30.9, 32.2
29.4, 30.3, 30.9, 33.8
30.0, 34.0, 33.2, 32.6

1600m - Heat 1

4:32.0 Grant Matthews
4:32.2 Jack Ostapeic
4:33.1 Mitchell Tolander
4:33.3 Andrew Brandt
4:36.8 Cameron Arkesteyn
4:39.5 Frank Fetrow
4:40.2 Zach Miller
4:41.8 Luke Maly
4:46.1 Markus Braun
4:47.0 Sam Smith
5:01.3 Ben Basten

3200m

12:36.0 John Bernhardt

6:10, 6:26

1600m - Heat 2

4:57.9 Jacob Rohrer
5:03.0 Alex Sipe
5:05.2 Andrew Foss
5:05.8 Ryan Sullivan
5:06.0 Robbie Defren
5:10.9 Ben Walker
5:22.9 Anthony Howard

1600m - Heat 3

5:15.4 Austen Bahr
5:20.9 Hugo Dunn
5:21.8 Luke Sharpe
5:30.1 Andrew Beidel
5:52.9 Mitchell King

800m - Heat 1

2:08.7 Andrew Rudser

800m - Heat 2

2:13.8 Matt Kavanaugh

800m - Heat 3

2:25.1 Brandon Antony
2:38.3 Bryce Becker
2:40.3 Evan Stillday
2:51.5 Zane Hutton
2:52.6 Andrew Castle
2:55.0 Josh Kotula
2:58.4 Utsav Dongre

JV 1600m Time Trial - Monday, May 23, 2016

WHS Stadium - 75 degrees, cloudy, wind 15-20mph (Perfect!)

1600m - Heat 1

4:56.2 Matt Muenchow
4:59.4 Andrew Stanek
5:08.7 Alex White
5:10.4 Ben Alexander
5:16.7 Harrison Peters
5:21.8 Calvin Cahill
5:23.5 Logan Knochenmus
5:26.2 George Zhu
5:26.5 Joseph Larson
5:30.7 Trevor Cammack
5:35.9 Dylan Kunkel
5:45.7 Rohith Kommera
5:55.1 Danny Valdez
6:03.2 Bearach Leonard
6:20.5 Tim Carlson

1600m - Heat 2

4:29.0 Kyle Brandt
4:33.8 Nick Kerbeshian
4:34.5 Josh Halverson
4:36.9 Nick Shaleen
4:41.2 Wes Heal
4:44.1 Tyler Carlstrom
4:44.7 Daniel Urke
4:47.1 Jesse Kulberg
4:49.1 Jacob Smith
4:57.4 Jack Olson
5:06.3 Zach Garvis