

MONDAY, Aug. 31

ST. CLOUD APOLLO EARLY BIRD AT THE V.A. HOSPITAL

Times are approximate

4:25 Boys Freshmen & M.S. (1.8 miles)

5:25 Boys JV (5000 m)

6:30 Boys Varsity (5000 m)

Go north on I-494 to I-94. Go west on I-94 to Minnesota 15 N (exit 167B). Go north on Hwy 15 (5.2 miles) to 8th Street. Turn left on 8th Street and you will see Apollo High School about a quarter-mile ahead on your right (on 44th Street). We race on the VA grounds west of the High School (across 44th Street), but please park in one of Apollo High School's lots.

FRIDAY, Sept. 4

ST. OLAF COLLEGE SHOWCASE

St. Olaf College, Northfield

11:00 a.m.- Boys race

Go south on I-35W and then south on I-35 to the Northfield Exit (Highway 19). Go east on Hwy 19 to St. Olaf College. On the western edge of Northfield. Go up the hill on left side onto the St. Olaf campus and follow the signs to spectator parking.

SATURDAY, Sept. 5 MARSHFIELD COLUMBUS INVITATIONAL Wildwood Park in Marshfield, WI

9:30 AM Boys Junior Varsity

10:30 AM Boys Varsity

Go east on I-94 to Highway 29 (between Menomonie & Eau Claire). Go east on 29 to Hwy. 13 (Abbotsford). Go south on Hwy.13 into Marshfield. On the southwest edge of Marshfield is Wildwood Park. The race is run at Wildwood Park which is east of Central Ave. The race begins on 17th street in the northwest corner of the park.

SATURDAY, Sept. 12 SATURDAY NIGHT LIGHTS at Wayzata High School Stadium

7:00 PM – Middle School 1600 (3 heats)

7:30 PM – Junior Varsity 3200 (3 heats)

8:10 PM – Varsity 3200 (1 heat)

THURSDAY, SEPT 17

CLC ONE MILE (Middle School)

Minnetonka East Middle School

Races start at 4:00

Go south on I-494 to Minnetonka Boulevard. Go west on Minnetonka Blvd to Hwy 101. Go south on 101 to Lake Street Extension. Go east on Lake Street Extension. You'll see the school on your left.

Thursday, September 17

Rochester Mayo Invitational (Eastwood Golf Course)

Varsity Race at 5:45 (7 runners)

Eastwood Park is located off on South side of Hwy.14 across from 36th Ave SE

No parking at Golf Course Clubhouse 3505 Eastwood Road SE Rochester, MN 55901

Spectator parking is in the lots on the north side of Eastwood adjacent to Highway 14 by softball fields and church. Police Officer will be at this location to assist people across the highway.

SATURDAY, SEPTEMBER 19 – Metro Invite at Round Lake Park (everyone not racing at Rochester)

9:30 Boys JV, 10:30 Boys Varsity

South on I-494 to Valley View Road. Go west on Valley View Road about 2 miles to Round Lake Park (SW corner of Valley View Road & Eden Prairie Road).

WEDNESDAY, Oct. 14 CLASSIC LAKE CONFERENCE CHAMPIONSHIPS
Gale Woods, Minnetrista 4:10 p.m. Boys Varsity 5:20 p.m. Boys JV

Take Hwy 12 west into Wayzata, exit onto Hwy 15 and continue west. This is Shoreline Dr. Keep going west through Orono, Minnetonka Beach, and Spring Park. When you get to Mound, turn left on Hwy 110. 2 miles later you leave Mound, cross the tracks and take an immediate right to Gale Woods. **OR** Take County Road 6 west to McCulley Road (you have passed over Highway 12 and gone about a mile). Turn left or south on McCulley Road (which turns into North Shore Drive). Turn right (west) on County Road 151, Turn left on County Road 110. Take 110 through Mound and in a few miles the park is on your right.

TUESDAY, OCT. 20 JOE ROSS INVITATIONAL (Middle School)
Wayzata East Middle School Races start at 4:00

Wayzata East is located on Ridgemount Avenue between Hopkins Crossroad (County 73) and Plymouth Road (County 61). It is a half mile north of Ridgedale Shopping Center.

THURSDAY, OCT. 22 WAYZATA 3200 Timetrial (High School)
Wayzata High School 3:30 PM

MONDAY, OCT. 26 LEFTY WRIGHT SECTION 6 GRADE LEVEL CHAMPIONSHIPS

Bassett Creek Park, Crystal 4:00 Sr & Jr Boys
4:40 Sophomore Boys
5:20 Freshman & Under Boys

The park is on 32nd Avenue, two blocks west of Hwy 100 and three blocks east of Douglas Drive. **32nd does not have an intersection with Hwy 100**, but it does intersect with the west frontage road of Hwy 100. You can also go east on Hwy 55 to Douglas Drive. Go north on Douglas to 32nd Ave. Go east on 32nd two blocks and the park is on your right.

TUESDAY, OCT. 27 CLASSIC LAKE MIDDLE SCHOOL CHAMPIONSHIP
Location: TBD 4:00 PM

WEDNESDAY, OCT. 28 SECTION 6AA CHAMPIONSHIP
Gale Woods, Minnetrista probably 3:45 - Boys 5 K race

Take Hwy 12 west into Wayzata, exit onto Hwy 15 and continue west. This is Shoreline Dr. Keep going west through Orono, Minnetonka Beach, and Spring Park. When you get to Mound, turn left on Hwy 110. 2 miles later you leave Mound, cross the tracks and take an immediate right to Gale Woods.

SATURDAY, NOV. 7 MINNESOTA STATE CHAMPIONSHIP
St. Olaf College, Northfield 10:00 a.m.- Boys AA race

Go south on I-35W and then south on I-35 to the Northfield Exit (Highway 19). Go east on Hwy 19 to St. Olaf College On the western edge of Northfield. Go up the hill on left side onto the St. Olaf campus and follow the signs to spectator parking.