

## OUTDOOR TIMETRIAL - March 21, 2009 – Wayzata – 10:00 a.m. – calm, sunny & 43 degrees

### 800 Meters

2:17.5\* Ellis Andrews (9) (33,35,34,35)  
2:18.8\* Matt Headley (9) (32,35,37,34)  
2:19.2\* Jack McCarty (10) (34,34,36,35)  
2:19.3 Sam Peterson (10) (34,33,36,36)  
2:25.1 Andy Lindberg (9) (34,37,36,38)  
2:25.9 Adam Sturtz (11) (35,37,35,38)  
2:27.5 Mikhail Belkin (11) (34,37,37,39)  
2:27.8\* Danny Dvorak (9) (34,36,38,39)  
2:27.9 Keith Schumacher (10) (34,35,40,38)  
2:28.6\* Mitch Snyder (10) (34,36,41,37)  
2:31.9 Scott Yorde (12) (34,38,41,38)  
2:36.6\* Colin Nugent (9) (31,38,46,41)  
2:40.6 Andrew Paul (10) (37,40,43,40)  
2:41.2\* Jake Klopstein (10) (34,37,48,42)  
2:47.7\* Sam Etling (10) (37,41,46,43)  
2:48.2 Tony Mason (10) (34,43,46,45)  
2:50.7 Ben Wedin (10) (37,41,48,44)  
3:11.9 Brooks Flugaur-Leavitt(10) (43,47,54,47)

### 1600 Meters

5:00.5\* Joe Meister (9) (splits taped over  
5:08.6\* Austin Hermann (11) at U of M!!!)  
5:09.8\* Davin Evans (11)  
5:10.8\* Kevin McConnell (11)  
5:17.2 Nate Engel (11)  
5:28.3\* Scott Sippell (9)  
5:28.5 Nick Burgmeier (11)  
5:28.6 Josh Blankenship (11)  
5:32.6\* Brian Unekis (10)  
5:45.7\* Andrew Harrison (9)  
5:46.6 Andrew Keller (10)  
5:50.2\* Declan McCrory (10)  
5:58.1\* Brian Cisneros (10)  
6:07.6\* Garrett Knapp (9)  
6:37.4\* Matt Wilson (9)  
6:46.3\* Tommy Winderl (9)

at 2:00 p.m.

2:28.2\* Brett Schnobrich (10) (34,38,39,39)

## EP, Edina, MV Timetrial – March, 21, 2009 – at U of M Indoor – 3:45 pm – calm, roof, & 70 degrees

**4x800-** 8:35.9 Team Ugly- Adam Moline(10) 2:06.8\* (29,31,33,33); Ryan Frisbie (12) 2:07.9 (31,33,33,30);  
Greg Scott (10) 2:12.7 (30,33,34,35); Brian Jarvey (9) 2:08.5 (28,32,34,34)  
8:32.1 Team Boring- Nate Heintzeman (10) 2:06.5\* (30,30,33,33); Chris Wilson (11) 2:08.4 (31,32,35,30);  
Max Johnson (11) 2:10.1\* (30,33,34,33); Andrew Wasz (12) 2:07.1 (28,31,34,34)

### 1600 Meters

4:35.2 Evan Day (12) (66,68,71,70)  
4:42.2 Karl Kabarowski (10) (66,68,73,75)  
4:49.1\* Jon Subialka (11) (69,72,74,74)  
4:53.9\* Ben Millis (11) (72,74,76,71)  
4:55.9\* Andy Kleven (11) (72,72,74,77)  
5:03.4 Preston White (10) (74,74,77,78)

**400 Meters-** 55.9\* Brian Jarvey (9) (27.4, 28.5)

### 800 Meters

2:09.7 Chris Wilson (11) (31,32,33,33)  
2:15.2 Greg Scott (10) (33,33,33,36)  
2:18.9 Ryan Frisbie (12) (33,33,35,37)

### 3200 Meters

9:31.1\* Jeremy Drenckhahn (12) (69,73,73,71,72,72,74,67)  
9:40.1\* Danny Ducharme (12) (69,73,73,72,72,74,74,73)  
9:40.6\* Oliver Haugland (11) (71,73,73,75,74,74,74,66)  
9:40.7\* Josh Thorson (9) (71,73,73,75,74,74,74,66)  
10:01.0 Jon Hackbart (12) (72,73,74,75,75,79,79,74)  
10:01.6\* Mark Harries (10) (76,75,75,76,76,78,76,69)

### 4x400

3:46.8 Team Slow Twitch- Evan Day (12) 57.2; Karl Kabarowski (10) 59.7\*; Adam Moline (10) 54.4\*;  
Max Johnson (11) 57.5\*

\* = Personal Best