

# Freshmen at Mounds View – Thursday, April 23, 2009

83 degrees, south wind 25 mph and gusty

## 4 x 800 9:27.7

2:16.6 Sippel (65, 71)  
2:22.2 Harrison (70, 72)  
2:25.0 Lindberg (72, 73)  
2:23.9 E. Johnson (70, 73)

## 800 M

2:19.5 Sippel (66, 73)  
2:22.1 Lindberg (70, 72)  
2:27.3 Harrison (74, 73)  
2:31.5 Winderl (72, 79)  
2:36.0 E. Johnson (76, 80)  
2:44.7 Knapp (84, 80)  
3:02.3 Lungstrom (88, 94)

## 1600 M

4:54.9 Meister (71, 75, 77, 71)  
5:02.6 Headley (74, 77, 79, 72)  
5:21.1 B. Gooley (75, 84, 87, 75)  
5:42.6 Dvorak (80, 89, 93, 80)  
5:51.9 Cisneros (87, 89, 90, 85)  
5:55.4 McDonald (88, 102, 92, 83)  
6:22.5 Schwendeman (96, 101, 100, 85)  
6:23.9 Croal (96, 101, 100, 86)

## 4 x 400 3:53.2

58.7 Sippel  
57.9 Sibomana  
60.2 Jennings  
56.4 Main